**December 12th, 2023**

**Board Meeting Notes**

Email Amanda Reckard for accompanying agenda and PowerPoint.

Lunch from Chick-Fil-A, sponsored by Barren River District Health Department.

Meeting facilitated by Annette Runyon.

***Introductions***

Med Center Health, Fairview Community Health, National Alliance on Mental Illness, Med Center Adult Day Center

***Announcements***

1. Sponsorship Packets
   1. We’re looking for folks to donate to BRIGHT! If you would like to share the sponsorship packet with a company, email [Amanda.Reckard@barrenriverhealth.org](mailto:Amanda.Reckard@barrenriverhealth.org) .
2. Committees — join one!
   1. Welcoming — contact Amanda Howard
   2. Marketing — contact Ashli McCarty
   3. Data & Survey — contact Susan Eagle
   4. Finance — contact John Lillybridge
3. Community Health Assessment
   1. Survey will go live by Sept. 1st, 2024.
   2. Member input is needed for where/how to distribute surveys.
   3. Data and survey meeting at 9 AM on January 16th, Café Kindness in Bowling Green.

***Special Presentation — Med Center Adult Day Center***

1. Reach out to Allison Cash for video presentation.

***Breakout Sessions***

1. Diabetes
   1. Gathering data at the end of the year to ensure they reached goals
   2. Evaluating goals to edit/update
2. Mental Health
   1. Brainstormed a list of mental health resources in the area
3. Physical Activity
   1. Spread awareness of other physical activity organizations and their events
   2. Long term, host a “wellness day” next summer to encourage physical activity and educate public about local resources
4. Nutrition
   1. Currently sharing recipes on BRIGHT Coalition Facebook page
   2. Brainstorming ways to encourage urban gardening
5. Substance Use
   1. Installing Naloxbox’s in our community through BRDHD and Lifeskills
6. Tobacco
   1. Logan County Library preparing for Radon Awareness programs

***Meeting Adjournment***

***Action Items***

* Join the BikeWalk BG winter walking program!
* Bring winter accessory donations to Fairview Community Health this Saturday, December 16th.
* Connect with us on Facebook and LinkedIn!